

Quick Reference

Everything you need. One page.

01 · CAMERA

Setup Checklist

Grid On, in Settings › Camera

Format High Efficiency + ProRAW

Flash Off & **Live Photos** Off

Preserve Settings On

Mirror Front Cam Off

04 · LIGHTING

Hard vs Soft Light

Soft large source close up (window)

Hard small source far away (sun)

Portraits: 45° angle from a window

Outside: find open shade, avoid midday

Aim exposure at the face, not the sky

07 · LIGHTROOM

5 Sliders to Know

Highlights ↓ recover blown skies

Shadows ↑ reveal hidden detail

Vibrance over Saturation, protects skin

Blacks ↓ crush and deepen contrast

Temp → warmer tones, ← cooler

02 · GESTURES

Focus & Exposure

Tap anywhere to set your focus point

Tap + hold locks AE/AF together

Drag the sun icon to adjust EV

Lock on the face, not the background

Pinch to zoom between optical lenses

05 · SHOOTING

Scenarios

Portrait 1–2x lens, window at 45°

Night Brace body, let Night Mode count

Golden hour Don't neutralise the WB

Overcast +Clarity, +Contrast in LR

Architecture 1x lens, shoot early AM

08 · LIGHTROOM

Export Settings

Instagram JPEG · 2048px · Q 90

Client JPEG · Full size · Q 95

Print JPEG · Full size · Q 100

Archive Original DNG / ProRAW · Max

03 · COMPOSITION

Rules to Know

Subject at a rule-of-thirds intersection

Use roads, fences, paths as leading lines

Frame with doorways, arches, windows

Negative space makes subjects pop

Symmetry only when reflection is the point

06 · LIGHTROOM

Edit Order

01 Crop + Straighten

02 White Balance (temp → tint)

03 Exposure → Highlights → Shadows

04 Whites + Blacks (ceiling + floor)

05 Tone Curve → HSL → Noise → Done

09 · GEAR

Worth Buying

Joby GorillaPod night shots & flat-lays

BT Shutter Remote under \$15, no shake

Peak Design MagSafe + any tripod

Moment lenses the only add-ons worth it

LED panel Lume Cube over ring lights

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